

Simplify

Choose Your Own Adventure

Recap

Remember how the LORD your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands. Deuteronomy 8:2

Recap

The Process of the Desert

Seperation

Testing

Revelation

Recap

Then Moses said to him, "If your Presence does not go with us, do not send us up from here." Exodus 33:15



Hoarding often results in unhealthy attachments and an inability to form meaningful relationships with others.

Why Having Too Many Choices Is Making You Unhappy, Jane Porter

Amazon sells 1,161 kinds of toilet brushes.

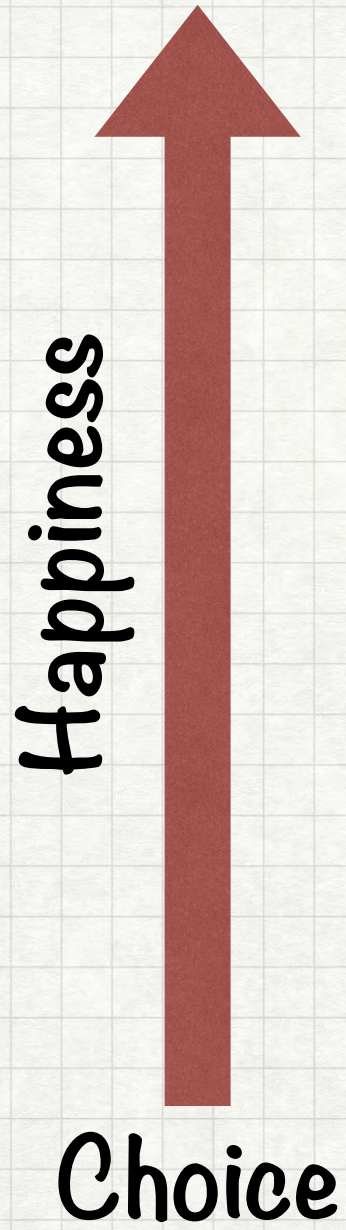
Paradox of Choice, Barry Schwartz

Fifty years of psychological research have confirmed the obvious: **freedom and autonomy are essential to human well being.** Unless people can exert significant control over the events in their lives, they are diminished.

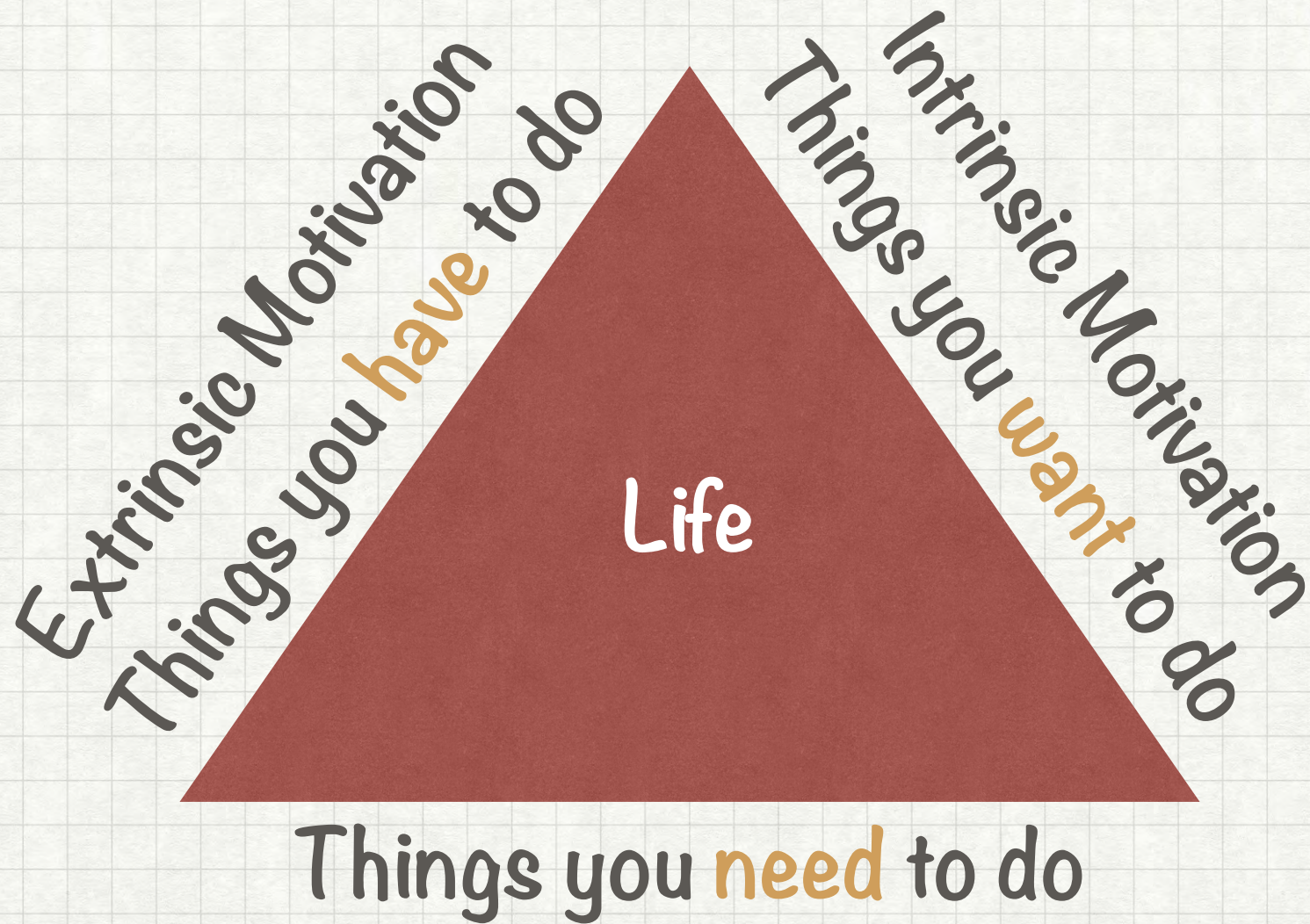
Paradox of Choice, Barry Schwartz

In the last decade, research evidence has accumulated that there can be **too much of a good thing**—that a point can be reached at which **options paralyze rather than liberate**.

And when there are too many choices, two different things happen. First, satisfaction with whatever is chosen diminishes. And second, people choose not to choose at all.



Decision Matrix



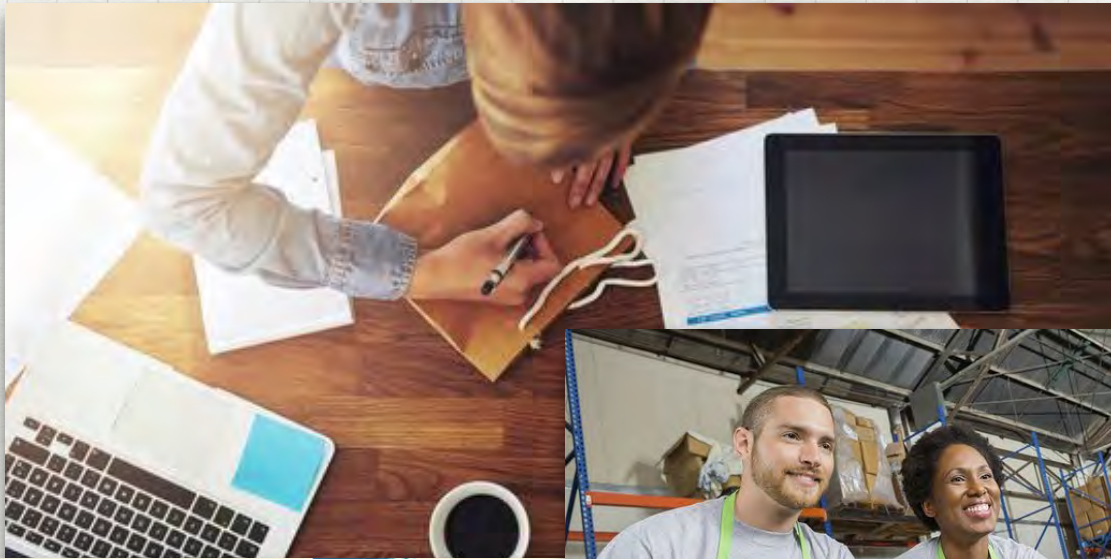
Things You Have to Do



Things You Want to Do



Things You Need to Do



I do not understand what I do. For what I want to do I do not do, but what I hate I do. Romans 7:15

For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. vs 18

For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. vs 19

Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. vs 20

What if our decision making process isn't benign (no spiritual value) but actually a reflection of our true nature?

What if our Jesus transformation begins
with our decision making process?

Decision Revelation

Choosing ourselves over Jesus

As Jesus started on his way, a man ran up to him and fell on his knees before him. “Good teacher,” he asked, “what must I do to inherit eternal life?” Mark 10:17

“Why do you call me good?” Jesus answered. “No one is good—except God alone. vs 18-19

Jesus looked at him and loved him. “One thing you lack..” vs 21

Decision Revelation

Choosing ourselves over Jesus

“Go, sell everything you have and give to the poor, and you will have **treasure in heaven**.
Then come, follow me.” vs 21

At this the man's face fell. **He went away** sad,
because he had great wealth. vs 22

At the centre of our decisions is us

Decision Revelation

Choosing good, ignoring great

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him Luke 10:38

She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted vs 39-40

Perispao-to be distracted by surroundings

Decision Revelation

Choosing good, ignoring great

“Martha, Martha,” the Lord answered, “you are worried and upset about many things, but few things are needed—or indeed only one. **Mary has chosen what is better**, and it will not be taken away from her.” vs 41-42

our choices have values, many good choices never outweigh a great choice

Decision Revelation

Choosing Christ Despite the Obstacles

A Canaanite woman from that vicinity came to him, crying out, "Lord, Son of David, have mercy on me! My daughter is demon-possessed and suffering terribly." Matthew 15:21

The woman came and knelt before him. "Lord, help me!" she said. He replied, "It is not right to take the children's bread and toss it to the dogs." vs 25-26

Decision Revelation

Choosing Christ Despite the Obstacles

“Yes it is, Lord,” she said. “Even the dogs eat the crumbs that fall from their master’s table.” vs 27

Then Jesus said to her, “Woman, you have great faith! Your request is granted.” And her daughter was healed at that moment. vs 28

Our decisions are tested by obstacles

Essentialism: The Disciplined Pursuit of Less

Greg McKeown

“Once an Australian nurse named Bronnie Ware, who cared for people in the last twelve weeks of their lives, recorded their most often discussed regrets. At the top of the list: “I wish I’d had the courage to live a life true to myself, not the life others expected of me.” This requires, not just haphazardly saying no, but purposefully, deliberately, and strategically eliminating the nonessentials, and not just getting rid of the obvious time wasters, but cutting out some really good opportunities as well.”

Essentialism: The Disciplined Pursuit of Less

Greg McKeown

“Remember that if you don’t **prioritize** your life someone else will.”

“We overvalue nonessentials like a nicer car or house, or even intangibles like the number of our followers on Twitter or the way we look in our Facebook photos. As a result, we neglect **activities that are truly essential**, like spending time with our loved ones, or nurturing our spirit, or taking care of our health.”

Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but only the one who **does the will of my Father** who is in heaven. **Matthew 7:21**